



// SAN DIEGO: 1 CITY 5 WAYS

// PARIS FLEA MARKETS

// THE NEW ERA OF GENETIC TESTING

DELTA

GREAT DRIVES

13 mind-blowing routes that are worth the trip. Plus *Top Gear*, driving flicks and celebs who love their cars.



Mark Wahlberg

The guys' guy gives comedy a spin.

(It can't be easy being this cool.)



Relax & Rejuvenate

A few far-flung spas with inspiring treatments. By Jason Oliver Nixon

1 MONTREUX, SWITZERLAND: Views of Lake Geneva and the Alps paired with celeb-favored revitalization treatments have made the **Clinique La Prairie** the stuff of legend. The center also offers medical services, including dental and aesthetic treatments. Sample an Ayurvedic or Thai massage, discuss nutrition and weight loss, whiten your teeth and enjoy thalassotherapy and a collagen-stimulating, antiwrinkle toning treatment. laprairie.ch

2 MIAMI, FLORIDA: With a whopping 70,000-square-foot wellness spa, the **Canyon Ranch** in South Beach has become a pilgrimage destination for health seekers. Push boundaries at the two-story rock-climbing wall, partake of the Turkish hammam bath ritual, enjoy a Pilates or yoga class or wander along the ranch's pristine beach. The resort's contemporary-chic accommodations and eye-popping ocean vistas are dreamy. canyonranch.com

3 MÉRIDA, MEXICO: Ditch the oversized resort and book the 17th-century **Hacienda Petac** villa for a house-party-style vacation. Lounge about on the secluded 200-acre

property and enjoy the villa's Na'a Maya Spa. Try the 50-minute Mayan antistress and acupressure massage (we love the palm-roofed treatment room). Finish off with an invigorating hydrotherapy treatment. haciendapetac.com

4 MONTEPULCIANO, ITALY: Savor life under the Tuscan sun at the sublime **Adler Thermae Spa Resort**, tucked into the postcard-perfect Orcia Valley. We love the family-friendly spa: Try the thermal waters (the Etruscan Clay Bath is a special treat), shiatsu, country walks and yoga while the kids enjoy a full day's worth of activities under the watchful eyes of certified teachers. adler-thermae.com

5 GLOUCESTERSHIRE, ENGLAND: Pair a gorgeous baronial country house in the Cotswolds region with stunning gardens and cutting-edge design and you have **Cowley Manor**. The supermodern C.Side spa utilizes locally grown herbs in treatments such as the Cloud 9, a 90-minute massage-and-energy-balancing, or a foot soak followed by a massage with fragrant hot compresses. cowleymanor.com

On Our Radar //

The Perfect Bag

Pack up in style with Longchamp's über-stylish **La Postale** model in nylon trimmed with calfskin (\$380). We're smitten with the clean lines and buttoned-up appearance, tempered with rich yet sturdy materials. Plus, there are gobs of pockets to hold your phone, digital camera and other essentials. longchamp.com



Wow Wallets

We always misplace our boarding pass and can never keep foreign currency from getting jumbled up—and forget about finding our passport when we hit Customs. Let British luxury-leather-goods purveyor Smythson of Bond Street and its compact **Marshall travel wallet** whip your travel documents into shape. Loaded with all sorts of well-marked pockets and dividers to get you organized, this calfskin style-setter comes in elegant black (\$485) and eye-popping magenta (\$345). smythson.com



A Perfect Day in LA



Interior design whiz Barclay Butera, the author of *Living in Style*,

offers up the perfect morning-to-night itinerary for dining in the City of Angels.



☉ In the morning, I stop at **Toast Bakery Cafe** on West 3rd Street. Its breakfast—easy, laid-back and comforting—is a must. But keep your eye open for celebrities, such as the cast of *Entourage*.

☉ Relax over lunch at the **Beverly Hills Hotel**, where the Polo Lounge's garden is the perfect spot for a chopped salad. Plus it has the best people-watching in town!



☉ Mid-afternoon, kick back on the patio at **The Ivy** and sip a vodka gimlet finished off with great shopping on Robertson Boulevard. Just don't trip over the paparazzi, who are always parked at the entrance.

☉ The **Chateau Marmont** garden is the spot for evening cocktails. Celeb sightings at happy hour, what's better than that?



☉ The patio at **Dominick's** on Beverly Boulevard is a great way to end the day—our taste of Little Italy.

☉ And don't forget the glamorous **Ceccarelli's** and its covered terrace. A favorite of Hollywood's British expat set, it attracts the likes of Victoria Beckham and Simon Cowell, who settle into the cozy back corners of the dining room.



A Perfect Day in LA

Interior design whiz Barclay Butera, the author of *Living in Style*, offers up the perfect morning-to-night itinerary for dining in the City of Angels.



🕒 In the morning, I stop at **Toast Bakery Cafe** on West 3rd Street. Its breakfast—easy, laid-back and comforting—is a must. But keep your eye open for celebrities, such as the cast of *Entourage*.

🕒 Relax over lunch at the **Beverly Hills Hotel**, where the Polo Lounge's garden is the perfect spot for a chopped salad. Plus it has the best people-watching in town!



🕒 Midafternoon, kick back on the patio at **The Ivy** and sip a vodka gimlet finished off with great shopping on Robertson Boulevard. Just don't trip over the paparazzi, who are always parked at the entrance.

🕒 The **Chateau Marmont** garden is *the* spot for evening cocktails. Celeb sightings at happy hour, what's better than that?



🕒 The patio at **Dominick's** on Beverly Boulevard is a great way to end the day—our taste of Little Italy.

🕒 And don't forget the glamorous **Cecconi's** and its covered terrace. A favorite of Hollywood's British expat set, it attracts the likes of Victoria Beckham and Simon Cowell, who settle into the cozy back corners of the dining room.